

JUNIOR TRAINING SCHEDULE - SUMMER 2015

		High Tide		<u>APRIL</u>
MON	20	20.34	Induction & training, Ogmore	18.00hrs
SAT	25	11.49	Training U16's & U19's	12.00hrs, U14's 13.00hrs (Boat weekend)
MON	27	14.08	Training, Ogmore	18.00hrs
				<u>MAY</u>
SAT	2	18.32	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	4	19.40	Training, Ogmore	18.00hrs
SAT	9	10.27	Training, Ogmore	
MON	11	12.18	Training, Ogmore	18.00hrs
SAT	16	17.56	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	18	19.3	Training, Ogmore	18.00hrs
SAT	23	10.39	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	25	12.11	Training, Ogmore	18.00hrs
SAT	30	17.15	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
				<u>JUNE</u>
MON	1	18.36	Training, Ogmore	18.00hrs
SAT	6	9.37	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	8	23.39	Training, Ogmore	18.00hrs
SAT	13		NO TRAINING - NIPPER CAMP WEEKEND	
MON	15	18.26	TWIGHLIGHT CARNIVAL, BARRY (Time tbc)	
SAT	20	9.39	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	22	23.09	Training, Ogmore	18.00hrs
SAT	27	15.33	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	29	17.2	Training, Ogmore	18.00hrs
				<u>JULY</u>
SAT	4		NO TRAINING - YOUTH CAMP WEEKEND, St DAVID'S	
MON	6	22.36	Training, Ogmore	18.00hrs
SAT	11	15.05	YOUTH CARNIVAL, CONEY BEACH	
MON	13	17.20	Training, Ogmore	18.00hrs
SAT	18	8.41	Tri Series 1 - 12.00hrs	
MON	20	9.49	Training, Ogmore	18.00hrs
SAT	25	13.17	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	27	15.45	Training, Ogmore	18.00hrs
				<u>AUGUST</u>
SAT	1	7.42	Tri Series 2 - 12.00hrs	
SAT	1 to 4		ILS European Championships Swansea National Pool (Nat teams)	
WED	5 to 7		ILS European Championships Aberavon Beach (Nat teams)	
SAT	8 to 11		ILS European Championships Swansea National Pool (Inter club)	
WED	12 to 15		ILS European Championships Aberavon Beach (Inter club)	
MON	17	21.04	Training, Ogmore	18.00hrs
SAT	22	11.32	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	24	13.38	Training, Ogmore	18.00hrs
WED	26		GB Ocean Championships, Exmouth	
THUR	27		GB Ocean Championships, Exmouth	
SAT	29	19.00	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs
MON	31	20.31	Training, Ogmore	18.00hrs
				<u>SEPTEMBER</u>
SAT/SUN	5 & 6	11.53	Junior Welsh Ocean Championships, Coney Beach, Porthcawl	
SAT	12	19.05	Tri Series 3 - 12.00hrs	
MON	14	20.06	Gully Run, 18.00hrs	
SAT	19	10.20	Hardy Bay Swim	
MON	21	11.47	Training, Ogmore	18.00hrs
SAT	26	17.49	Training, Ogmore - U16's & U19's	12.00hrs, U14's 13.00hrs